

# THE NORTHERN NEEDS YOU!



## WHAT'S COOL ABOUT THE NORTHERN NEW TERRITORIES HASH?

- Great runs on trails you never knew existed
- Great craic around the drinks bucket after the run
- Great food after the run, on-site or daipaidong
- 7.30pm start - you don't have to rush to be there
- Your Wednesday evening midweek stress-buster
- Men, women, dogs and aliens all welcome
- THE MOST FUN YOU'LL EVER HAVE!

[www.n2th3.wordpress.com](http://www.n2th3.wordpress.com)